



**BIENVENIDO A TUS VACACIONES**  
*WELCOME TO YOUR HOLIDAYS*

## RESPONSIBLE GUEST GUIDE

Simple actions you can take to support the people and  
places you visit

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We all travel for different reasons and one of the best things about travel is **having new and unique experiences**. Because people, culture, history, wildlife and scenery play such important roles in our travel experiences, protecting and supporting these things should be at the heart of every tourism and travel organisation, and every traveller.

**Travelife certification helps us put sustainability at the heart of our business.** Travelife Certified properties must achieve 100% compliance with one of the toughest accommodation sustainability standards in the world, something we verify by conducting a full site audit of each property every 2 years.

**The greatest impact comes when many individuals take simple actions.** Alannia Resorts works hard to improve every day, but our goals cannot be achieved without the help of our guests. We invite you to keep reading to find out how you can help to improve the impact of your travel.

## BEFORE TRAVELLING

**Booking travel:** If you have a choice, always opt for the accommodation that is taking action to improve their environmental and social impacts like **Alannia Resorts**. The best ones will publish annual sustainability reports and be independently certified by a reputable sustainability label like **Travelife**.

**Culture:** Travel is more enjoyable when you have some knowledge of how to respect local customs and culture. Even simple things like how to tip, dress or say thank you are useful to know before you arrive.

**Ground transport:** You can help ease congestion, pollution and emissions by opting to rent a smaller vehicle, using public transport and exploring the destination on foot or by bike. Check our website for the facilities we offer in public transport, vehicle and bike rental.

**Caring for others:** If you notice that someone is being mistreated, trafficked, abused or exploited, contact the resort reception staff or call the emergency number (112).

## PACKING

**Pack light:** Whether you are travelling by plane, train, ship, car or motorhome, a lighter load means that less fuel is required to complete the journey, leading to lower emissions.

**Unwanted objects:** Make sure you follow the waste sorting instructions provided by your resort when disposing of your unwanted items.

**Personal care products:** Washing or swimming when using shampoos, lotions and gels that contain 'microbeads' can cause serious long-term harm to biodiversity. Many countries have already banned them so please do not travel with these items.

**Sunscreens:** Certain ingredients found in some sun protection products are very damaging to marine life and reefs, even in tiny amounts and even from showering them off in your hotel room. Look for a marine-safe alternative if a sunscreen contains any of these ingredients: Oxybenzone, Benzophenone-1, Benzophenone-8, OD-PABA, 4-Methylbenzylidene Camphor, 3-Benzylidene Camphor, nano-Titanium Dioxide, nano-Zinc Oxide, Octinoxate, Octocrylene.

**Single-use plastics:** If you bring them with you, make sure to throw them in the yellow bin. See if you can travel with reusable alternatives or ones made from recycled paper products instead of plastic.

## AT YOUR ACCOMMODATION

**Temperature:** Keeping your room at a comfortable temperature is important yet this is one of the biggest contributors to greenhouse gas emissions in accommodation. You can help by not adjusting the thermostat more than necessary and by ensuring that heating/cooling units are turned off whenever doors or windows are open.

**Water:** There are always greenhouse gas emissions created from sourcing and disposing of water, and in some destinations water is an extremely precious resource. You can help by taking shorter showers, turning off the tap whilst brushing your teeth or making use of any low-flush option on toilets. If you stay in a bungalow or apartment, it is possible to prolong the use of sheets and towels by not bringing them outside on the day of change, and if you stay in a hotel room, you can leave the towels hanging to avoid change.

**Eating & drinking:** Around a third of all food produced is never eaten, yet food production accounts for a third of all greenhouse gas emissions. You can help by only serving only what you will eat, choosing local products over imported ones and opting for more meat-free meals during your stay.

**Find out about recycling:** Every location has different recycling rules that can be confusing when you travel, follow the instructions at recycling points and if you're unsure, ask resort staff about recycling and how to do it.

## SUPPORTING THE LOCAL COMMUNITY

**Support local businesses:** Try to dine and shop at locally owned and operated businesses in the area. If you are buying gifts or mementos, see if you can find something that is handcrafted by a local artist or produced by a small business.

**Explore the culture and area:** Even if you are on a lazy beach holiday, you are likely to get more out of your visit if you find time to take in some of the local sites, culture and activities. Our website provides information about activities close your resort.

**Respecting people:** Make sure you know about, and observe, any local laws, customs or traditions. Do not take photos or videos of people without their permission, especially if you intend to post these online. Remember that only parents or legal guardians can give permission for children.

**Safeguard children:** If you notice that a child is being mistreated or exploited, contact the resort reception staff immediately or call the emergency number (112).

**Protect biodiversity:** Be sure to properly dispose of your waste and follow any guidance about how to protect sensitive areas such as sand dunes, reefs or forests. Do not take anything away from these areas such as shells or stones and likewise, do not leave anything behind.

**Support local improvement initiatives:** If you have had a great time at your destination and would like to give something back to the people who live there, we suggest that you collaborate with a local improvement initiative or charity to provide support. Usually, there are actions taken by the resort itself.

## SAFEGUARDING ANIMALS

**Stray or abused animals:** If you find any abandoned or mistreated animals, please notify the reception staff and we Will contact the relevant organizations.

**Animal activities & attractions:** We suggest that you avoid any activities that could possibly be harmful to the mental or physical wellbeing of animals. This could include activities involving feeding or touching wild animals and any attractions where animals are forced to behave in a way that would not be normal for them in the wild.

# Alannia

RESORTS